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• Creating a life-sustaining society
Love Poems from God
Two mystics, from East and West
• Pioneering The New Reformation?
by Angelina Di Fazio
Matthew Fox demands the Church accept its spiritual roots
• Saving the Sacred Mountains of Orissa
by Felix Padel
Bauxite mining threatens their guardians’ survival
• Sireadh Thall – Seek Beyond
by Will Gethin
A Celtic priest and bard aims to revivify her ancient path
• Yoga and Sound
by Judith Seelig
The song of the body
• The New Bioelectrography
by Roger Taylor
Kirlian photography takes a leap forward
• A Significant Victory
by Robert Verkerk
Legal action modifies an EU directive on supplements

Books: Hidden Faces of Ancient Indian Song; Beating Arthritis and Beating Osteoporosis; Who Wrote Bacon?; Sacred Dying - Creating Rituals for Embracing the End of Life; Being Alive - The sequel to Staying Alive; The Heart of Garlic; Peace Journalism; Gematria: The Numbers of Infinity.

Issue 68: Spring 2006: £3.75

• 24/7: Dying for a world that never sleeps
by Daniela Sieff
Lack of sleep is causing ill-health and accidents
• Paradigm wars: Intelligent Design vs Darwinism
by Angelina Di Fazio
The debate is dividing scientists and the Church
• A holistic world view for a planetary civilization
  by Ervin Laszlo
  New ways of thinking to solve the world’s problems
• A modern mystic of two faiths
  by Shirley du Boulay
  The story of Henri Le Saux’ amazing spiritual journey
• Neuro-art?
  by John Krcma
  Art and the brain’s evolution – exploring the link
• When spiritual emergence becomes an emergency
  by Sarah Lucas
  The fear and the ecstasy of spiritual transformation
• Avian flu – hype or real threat?
  by Julia Pendower
  Sorting fact from fiction, vaccines and other aids

Books: Tantra of Sound; No Time to Lose: A Timely Guide to the Way of the Bodhisattva; The Cave of the Heart; Big Pharma: how the world's biggest drug companies market illness; The Shamanic Way of the Bee.

Issue 69: Autumn 2006: £3.95

• Columbia’s Kogi Indians – Guardians of a sacred trust
  by Alan Eriera
  Warnings from a people protecting the Heart of the World
• Unlocking the secrets of the wounded psyche: Part 1
  by Daniela Sieff
  A psychological survival system can become a prison
• Francis of Assisi – Paintings of our time
  by Jeremy Naydler
  Depictions of a ‘holy simpleton’ with a message for us all
• The unity of Nature and Culture
  by Brian Goodwin
  Revelations and implications of dissolving boundaries
• Answering the primordial question
  by Pia Zia Inayat-Khan
  Spiritual liberty offers us challenges and opportunities
• Pyramids power new research
  by Roger Taylor
  Russian studies find extraordinary effects
• Drinking water – is out most precious natural resource contaminated?
  by Robert Verkerk
  What are you also absorbing from a glass of water?
• Seeking the essence of water
  by Simon Charter
  An anthroposophical approach involving Flowforms
• The Interfaith Seminary – many paths, one Truth
  by Catherine Lucas
  A program to train non-denominational ministers
• Whole Healing Easily and Effectively
  by Daniel Benor
Powerful therapy that stimulates left and right brain

Books: The Wave; A New Earth: Awakening to your life’s purpose; Megalithic Measures and Rhythms; The Hidden Story of Cancer; Songs for Gaia; EMDR and the Energy Therapies: psychoanalytic perspectives; Wild Geese: selected poems.

Issue 70: Winter 2006: £3.95 (scan only available)

• Reconciliation over revenge
  by Heba Zaphiriou-Zarifi
  Coming exhibition by Palestinian and Israeli artists
• One Year On – Saving Orissa’s mountains
  by Felix Padel, Samarendra Das and Surya Dash
  India’s Dongria Konds oppose mining exploitation of their land
• Re-inhabiting the body
  by Tina Stromstead
  Authentic Movement as a pathway to transformation
• Unlocking the secrets of the wounded psyche: Part 2
  by Daniela Sieff
  Its miraculous survival system that is also a prison
• Toward a peaceful tomorrow by Jo Berry
  Conference commits sufferers of terrorism to peace
• Breast cancer – one woman’s journey
  by Lisa Lambon
  Embracing a holistic approach to treatment and survival
• Mistletoe therapy for cancer at Park Attwood
  Research supports a treatment better known in Europe
• Herbal medicine
  by Peter Jackson-Main
  Its future practice under impending regulation
• Chlorine – boon or bane of our drinking water?
  by Robert Verkerk
  The benefits versus the considerable dangers
• Inspired by an unseen source
  by Painton Cowen
  An appreciation of the ‘guided’ paintings by Sara Allan

New Global Festivals -- Steve Nation
  World AIDS Day and Human Rights Day
  Astrology – Melanie Reinhart
  Pluto re-defined, listening to the beyond

Books: The Biology of Transcendence; Hemp for Victory; Your Thyroid and how to keep it healthy; Kasper Hauser: Paintings; Crucible of Love; The Powerwatch Handbook.

Poetry: In Tune with Spirit
  Jay Ramsey discusses TS Eliot’s The Waste Land

Sound – International Sound Healing Conference
  James D’Angelo reports on latest US research

News
  Spiritual Narratives in Psychological Therapies conference
  Fluoride linked to obesity through effect on thyroid
  Flu vaccines – not very useful and potentially harmful
C. difficile threat as new superbug

**Issue 71: Spring 2007: £3.95**

- Mornings with Eileen  
  by Mike Scott  
  Accompanying Eileen to her daily morning meditation
- Eileen Caddy 1917-2006  
  An inspiration modern mystic
- All is very, very well  
  by Mike Scott  
  Recalling Eileen’s life and journey to co-found Findhorn
- My personal experience with guidance  
  by Eileen Caddy  
  An early lesson on how to listen to the ‘still voice within’
- A radical lover of God  
  by Robin Alfred  
  Recalling the many times that Eileen guided him
- Cymatics – insights into the invisible world of sound  
  by Jeff Volk  
  Stunning images reveal the dynamic interaction of sound with water
- Polyphonic harmonies and song in the Republic of Georgia  
  by Madge Bray  
  Using vibrational healing to treat traumatized children
- Living in the continuous world  
  by Jason Shulman  
  Changing the way we perceive our selves in the world
- ORMUS – Orbitally Re-arranged Monotomic Elements  
  by Roger Taylor  
  Specific elements appear to possess unusual, beneficial properties
- Watercress – superfood with strong anti-cancer properties  
  New research supports watercress status as a superfood
- Healing encounter in Ladakh  
  by Anita Fuller  
  A visit to the country’s most celebrated oracle/healer

**New Global Festivals** – Steve Nation  
International Day for Biological Diversity and World Environment Day

**Astrology** – Melanie Reinhart  
Saturn and Neptune go head to head

**Sound:** Peter Culshaw travels with the band Tinariwen in Mali

**Books:** Water Sound Images: The Creative Music of the Universe; The Biology of Belief; The Healing Power of the Human Voice; Carry Me Home; They Are What You Feed Them

**Poetry:** In Tune with Spirit  
Jay Ramsey discusses Ezra Pound’s The Cantos

**Issue 72: Summer 2007: £3.95**

*Listening to the landscape*

- Healing the land, healing ourselves
Margaret Colquehoun describes her and her colleagues’ 14 years work to develop the land around Pishwanton Wood in southeast Scotland to construct buildings and a community based on the principles of Goethean/Steiner science.

- Building for the Sun

Richard Hobday examines how the ancients’ use of sunlight in buildings was re-discovered in architectural movements in the ‘30s, used in treating TB and is being increasingly recognized in designing modern buildings.

- Vitamin D update and hazards of sun screens

Simon Best describes the latest research on benefits of vitamin D – generated by sunlight – and the hazardous substances in most commercial sun screens.

- Re-discovering the art and science of sound healing

John Reid and Annaliese Kohinoor illustrate how sound therapy, first used by the ancients, is now poised to reveal the intricacies of healing both at the cellular and psychological levels.

- Reclaiming the Sacred Feminine

Margaret Starbird recounts the history and myths around the theme of the sacred feminine featuring Mary Magdalene’s relationship with Christ, its suppression by the Church and re-emergence via the unfolding saga of the Knights Templar and imagery in Rosslyn Chapel and elsewhere.

- Climate change – accepting an inconvenient truth

Felix Padel reports on the issues raised at a major London conference, the pressing time-frame to achieve CO2 reductions and the pros and cons of biofuels.

**Sound:** Featuring the recently decoded Rosslyn Motet, deciphered after 15 years from the cymatic images carved in stone in Rosslyn Chapel and recorded there.

**Books:** Wolves of Water (a study of nuclear radiation and the cover-ups); The Light Revolution; The Great Cholesterol Con; Into the Further Reaches; One Self; Explore Alchemy

**Issue 73: Autumn 2007: £3.95**

*Reaching beyond the surface*

- Burma’s cry for freedom – time to act
- Drawing the inside out
  Mike Chase describes working with masks to face fears on the therapeutic journey -- as part of the International Mask Festival at Stourbridge
- The music of the megaliths
  Marke Pawson reveals the links between megalithic design, music and the cosmos
- Vaastu – design for living in harmony with Nature
  Thomas Royer examines the principles of this oldest approach to architecture
- From healing Ayurveda to centred stillness
  Sarida Brown explores her cleansing experience of authentic Ayurveda at a Sri Lankan spa
- Healer, super-food – and free
  Zoë Hawes shows how research is supporting old folk-tales about the properties of nettle
- The enigmatic hexagon on Saturn
  John Reid proposes that sound is the key to understanding the planet’s unexplained structure
- Dancing the Wheel of Life
  Will Gethin reports on a major UK residential conference for shamanic practitioners

**New Global Festivals** – Steve Nation
International Day for Non-Violence/Be The Change 2007
Poetry: In Tune with Spirit
Jay Ramsay examines Edwin Muir’s The Castle

Sound: James D’Angelo describes The Song of the Earth ‘acoustic sound ritual’ in Gloucester Cathedral

Books: The Oxygen Prescription; Sacred Sound, Sacred Space; Last Child in the Woods; Time Stands Still; Confessions to a Womaniser - Secrets of the world's inspirational women

News
Mobile phone use for over 10 years increases cancer risk
1,000 US doctors and scientists demand ban on fluoridation
Prof Ernst knocks herbal medicine; Death of Pam Perry

Issue 74: Winter 2007/8: £3.95

Honouring the inner spirit

• His Holiness The Dalai Lama to visit UK in May
Find out where he is speaking and how to book a place
• Resisting deforestation
Ken Finn reveals the efforts needed to fight deforestation and corruption, and preserve the sacred land of indigenous people
• Seeing with the eye of the heart
Anne Baring celebrates the vision of the British painter Cecil Collins in his centenary year
• Talking to the animals
Moyra Bremner explores the abilities of animal communicator extraordinaire Amelia Kinkade, which she also teaches
• Seaweed – Nature’s secret for a long and healthy life?
Jane Philpott and Montse Bradford analyse the amazing nutrition in this sea vegetable
• Critique: 'The Secret History of the War on Cancer' by Dr Devra Davis
Roger Coghill asks how biased – or corrupt – is the science behind orthodox cancer treatment, based on the revelations in this major new book?
• What is living water?
Alick Bartholomew explores Viktor Schauberger’s ideas on water’s true nature

New Global Festivals – Steve Nation
International Year of Planet Earth, Sanitation, Languages and… the Potato

Poetry: In Tune with the Spirit
Jay Ramsay explores the poetry of Stephen Spender

Astrology – Melanie Reinhart
Crossing the threshold: Pluto into Capricorn

Sound: James D’Angelo describes the powerful impact of the unique film, Into Great Silence
Peter Culshaw assesses the big sound of Les Ethiopiques

Books: Psyche and Cosmos; The Gerson Way; Tree Yoga; Thirst (poetry title)

News
Open Letter to the British Food Journal challenging their award for best GM paper
Psychophonetics comes to the UK
ANH launches sustainable healthcare campaign
London College of Spirituality opens

Issue 75: Spring - Summer 2008: £3.95

• Funny faces help dissolve fear
Eliyahu McLean of the Jerusalem Peacemakers on an unusual project
• Journey to the Heart, by William Gethin
Preserving the way of life of the Peruvian Indians
• 'Little Tibet' – investing in the future of Ladakh, by Philip Cornwell
The aims of the charity that is building the Druk White Lotus School
• Healing the soul – way of the shaman, by Karen Sawyer
Entering the realms the shaman inhabits to bring about healing
• Iodine – high doses treat the thyroid, breast disease and cancer, by Prof Donald Miller
US doctors are using high doses to detox the thyroid and treat breast disease
• Government ‘Goliath’ felled by dogged ‘David’, by Dr Chris Busby
Mark Purdey’s courageous quest to expose the denial behind the BSE fiasco
• Reclaiming the sacred voice, by Susan Elizabeth Hale
Exploring the power of the voice to re-connect us to the sacred

New Global Festivals – Steve Nation
Climate change, poverty and the heart-centred will
Poetry: In Tune with the Spirit
Jay Ramsay examines the poetry of Vernon Watkins
Astrology – Melanie Reinhart
Focus shifts from Fire to Earth
Sound: James D'Angelo reviews two albums by sound healer Jonathan Goldman
Books: Iodine – Why you need it, why you can’t live without it; The Book of Tibetan Medicine; The Transition Handbook; Alexander Thom: Cracking the Stone Age Code;
Food is better Medicine than Drugs
News
International Glass Festival 2008
Legal action only option says ANH if EC does not alter course on supplements
Transforming the medical model from within
Hazard fears in 80 percent of 952 sunscreens
Low vitamin D linked to death from all causes

Issue 76, Autumn/Winter 2008: £3.95

Race to the Antarctic for peace and the environment
Tess Burrows and her partner race five others teams to the South Pole
Climate change: cool inconvenient truths expose flaws in CO₂ model
Dr Peter Taylor presents neglected evidence that he argues shows global cooling has now started
View from the mountain
Wendy Ellyatt explores the Hopi and other prophesies surrounding 2012 in the context of transforming ourselves and society through ancient wisdom
Freedom through hardship
David Hamblin interprets what humanity faces from the horoscope for December 21, 2012
Sounding the sacred in Celtic shamanism
Dr Geo Trevarthen examines chanting and the use of sound and music to connect with the sacred
Magnesium chloride
Barbara Bourke describes its vital importance for optimum health, fighting infections and slowing the aging process
Working with soul in health and illness
Wendy Stokes reports on first joint conference by practitioners of spirit release
New Global Festivals – Steve Nation
Money and the financial crisis

Sound
James D'Angelo reports on ‘singing stones’ at Avebury with Tareth

Astrology – Melanie Reinhart
Saturn opposite Uranus – break-up, breakdown and… breakthrough

Book reviews
The Mystery of 2012 – Predictions, Prophecies and Possibilities
2012 and the Galactic Center
The Woodland Year
The Cygnus Mystery

Poetry: In Tune with the Spirit
Jay Ramsay assesses the poetry of Cecil Collins

News
Georgina Downs wins case against Government policy on pesticides
Help save Bride’s Mound at Glastonbury
Chemotherapy drug causes brain damage
Seaweed could replace salt in food

Issue 77, Spring 2009: £3.95

Foremost Lama to visit
His Eminence the 7th Dzogchen Rinpoche visits the UK this summer

Sound and light treat children’s learning problems
Pauline Allen, Principal of the Sound Learning Centre, describes how re-training the brain’s processing improves a child learning difficulties

Sounding Bowls – their unique properties and healing power
Tobias Kaye explores the therapeutic effects of his special instruments

Prophesies of the Inka
Dr Alberto Villoldo recounts Inka predictions of upheavals prior to the return of the Earth people

Swine flu – how proportionate is the response?
Dr Robert Verkerk outlines his concerns over the new outbreak and the agendas of those involved

Keys to understanding your animal
Helen Wingstedt teaches how to avoid miscommunications by establishing emotional consistency

Manfred Kyber – a life in two worlds
Nigel Cooper presents the first systematic account of the life and work of this writer, visionary poet and animal lover in English

Codex Alimentarius: focus on true threats, not misinformation
Dr Robert Verkerk warns us not to be distracted from tackling the important issues

New Global Festivals – Steve Nation
Transition times – Year of Reconciliation

Poetry: In Tune with the Spirit
Jay Ramsay considers the poetry of Kathleen Raine

Astrology – Melanie Reinhart
Water of life: Jupiter, Chiron and Neptune in Aquarius
Books
The Sky is Always There; Be The Change; Out of Time; Grow your own Drugs; (my) Dying is Fun; Aung San Suu Kyi: The Voice of Hope

News
Resonance, Festival of Sound Healing
Vitamin D evidence prompts governments to review intake guidance
MHRA grants first homoeopathic license
NICE recommends acupuncture for back pain
Beijing scholars’ bold report reveals breakdown in China’s Tibet policy
Transitus festival of dying; Death of John Mitchell
Wildheart prepares for autumn gathering

Issue 78, Autumn 2009: £3.95

Worldshift2012 launched at British Museum
A new worldwide network announces its urgent Declaration
Harmonically guided evolution – the real missing link?
Richard Merrick proposes that geometric design is present at the molecular and quantum level
Metatronic Healing - purification with new energetic frequencies
Pippa Merivale describes Attunements and Transmissions energized by angelic ‘instruction’
Re-discovering the essential feminine - a shamanic perception
Eliana Harvey describes a shamanic approach for women wishing to reclaim their inner power
AtlasProfilax -- re-aligning the Atlas to release pain
Fiona Westwood outlines a novel technique promises relief from many painful conditions
To vaccinate or not to vaccinate?
Dr Damien Downing presents an alternative, nutritional option to swine flu vaccination
Using mantras to balance your chakras
Simon Heather describes how to use special ‘bija’ mantras to balance the chakras
Acai berry
How this ‘superfood’ benefits Brazil’s children and Rainforest

New Global Festivals – Steve Nation
Focus on climate change and peace

Poetry: In Tune with the Spirit
Jay Ramsay reflects on the poetry of Ruth Pitter

Books
CHILL: A reassessment of global warming theory; Worldshift2012: Making Green Business, New Politics & Higher Consciousness Work; Vision of Albion. The Key to the Holy Grail; Did Jesus come to Britain?; When Jesus lived in India; Chalice Well: The story of a living sanctuary

Briefings
ICNM launches complementary medicine awards
Thyroid health and iodine therapy seminar
Sweeteners reduce kidney function
World Puja Network celebrates 10 years
Computer-based CBT therapy treats depression and anxiety effectively at home
Major studies support cancer risk from mobile phones

Issue 79, Summer, 2010: £3.95
Altruism can transform economic systems
A conference inspired by the Dalai Lama debates spiritual values

Releasing green energies
Sam Burcher discusses green technologies, organic agriculture and the plight of the bees

Harmonically guided evolution – the universal pattern of life
Richard Merrick: Part 2: discovering sacred geometric design in all phenomena

Are you salt deficient?
Dr David Brownstein outlines health benefits of mineral-rich, additive-free, unrefined sea salt

Songs of enchantment - legacy of Seidr in shamanism
Annette Host explores this ancient Northern European shamanic tradition

Encounter with extraterrestrials
James D'Angelo gives an extraordinary eye-witness account of attempted communication

Protect your rights to natural medicine
Dr Robert Verkerk warns of the threat to herbs and natural medicines and how to help

New Global Festivals – Steve Nation
Considers 2010 as the International Year of Biodiversity

Poetry: In Tune with the Spirit
Jay Ramsay assesses the work of Thomas Merton

Books
Interference: A Grand Scientific Musical Theory; SALT Your Way to Health;
Local Food: How to make it happen in your community; Hidden Truth, Forbidden
Knowledge; The Divine Plan Beyond 2012

Briefings
Truth Matters conferences launch in Glasgow
Caduceus arises in Arizona
Seaweed vs alginate in the salt/obesity debate
Vitamin D linked to cognitive function in the elderly
Daily vitamin D guidance too low; Spirit of the Elephant play all the way from Johannesburg
Letter to the Editor: White Springs, Glastonbury
Tribute to Hamish Miller
Helios centre expands; Biological farming DVD

Issue 80, Winter 2010: £2.00 (only available as scan)

Kogi Indians re-emerge to give final warning in new film
Working with film-maker Alan Ereira, the Kogis urge us to listen

Drinking raw milk - the pros and cons of processing
Ann Woodriff Bierne examines the health evidence behind the emotive debate

Tapping into healing
Moyra Bremner reveals the huge healing potential of TFT and EFT

The Ghost Dance in Glastonbury
'Snowfalcon' explores the history of the modern dance and its importance at this time

Relationships - taking a conscious approach to their ending
Vena Ramphal explains how to break energetically when a relationships ends

Live to Love charity launched by Buddhist leader
His Holiness the Gwalwang Drukpa launches his charity in London

Finding my diamond centre
Viscountess Marina Cowdray recounts how sculpting is part of her spiritual life

The great swine flu con
Dr Robert Verkerk investigates the dubious science and agendas behind the H1N1 vaccine's promotion

**Seaweed can reduce salt intake in food**
Simon Ranger describes research supporting seaweed's potential

**Who controls the food chain?**
Sam Burcher examines the latest GM research and developments

**TONGO - The Other National Grid Operation**
Joe Hoare describes a technique for healing places and communities

**New Global Festivals** – Steve Nation

*Magic, vision and the creation of a new world*

**Poetry: In Tune with the Spirit**

*Jay Ramsay analyses Peter Redgrove’s The Heart*

**Books**

*The Untold Story of Milk*

*Countdown to Coherence*

*Tony Samara: a modern shaman...and beyond*

*The Secret Land*

*Tidal Shift*

*The Truth Agenda*

**Briefings**

*Soka Gakkai’s 80 years of spreading peace*

*MPs pledge support for campaign to save herbal medicine*

*EU Herbal Directive discriminates against non-European traditions*

*Victory at Niyam Raja, Orissa, India*

*US Food Safety bill passes the Senate*

**Issue 81, Summer 2011: £4.25**

**Rescuing New Zealand's gentle giants**
Isabelle Baigent's experience of saving stranded pilot whales

**Echoes of the ancestors**
Madge Bray describes the place of Georgian harmonies in life and death in Upper Svaneti

**Soy hazards - adverse effects in hidden consumption**
Dr Kaayla Daniel examines the health myths and realities behind the marketing hype

**Creative consciousness**
Barry Cottrell explores the body's power to create a new shamanism

**Who really benefits from GM crops?**
Sam Burcher reveals how agro-ecology offers real solutions to world hunger

**Apple cider vinegar**
Dr Penny Stanway discusses the evidence for its fabled beneficial health effects

**Pilgrimage to Mount Kailas**
Jonquil Cooper describes filming her risky journey to this sacred site

**Time to launch a new Odyssey**
Daisa Morgan is involved in raising funds for a new, sacred geometry-designed cancer centre

**Sacred Light - Christ and a gathering of saints**
Eleanor Allitt enthuses over a new exhibition of Greg Tricker's works

**New Global Festivals** – Steve Nation

*Forests, trees and woodlands find international support in 2011*

**Poetry: In Tune with the Spirit**
Jay Ramsay assesses Ted Hughes' That Morning

Books
The Story of Water
The Whole Soy Story
Potential Health Effects of Foods Derived from GM Plants
The Case against Fluoride
Cymatherapy: A Practical Guide for Everyone
Dancing with Dark Goddesses

Briefings
First legal action to remove WiFi from classrooms
St Nectan's Glen for sale
5-fold brain cancer risk in young mobile phone users
Raw milk threatened in UK and US
GM food labelling finally agreed by Codex
European parliament to allow member states to ban GM crop cultivation
Sunflower Jam raises thousands for charity

Issue 82, Autumn-Winter 2011: £4.25

Ecocide - a crime against the planet?
Sam Burcher reports of the first 'trial' of the proposed crime of Ecocide

Flowers express hidden sacred geometry
Prof Keith Critchlow reveals how flowers manifest inherent mathematical design

Yogananda's Kriya Yoga teachings
Brother Santoshananda describes his technique 150 years after its resurrection

Gut dysbiosis triggers Gut and Psychology Syndrome
Dr Natasha Campbell-McBride explores illnesses caused by disturbed gut absorption

Lighting the way in marine conservation
Amanda Banks describes the activities of three conservationists in the US, Canada and Peru

Claudio Naranjo - teacher by eloquent example
Charles Keck recalls when he first encountered the man and his ideas

Top US scientist warns against glyphosate
Sam Burcher reports from an All-Party Group on Agro-ecology meeting

New Global Festivals – Steve Nation
Looking ahead to 2012: Year of Sustainable Energy, Cooperatives and ending cycles

Poetry: In Tune with the Spirit
Jay Ramsay assesses Mary Oliver's Of Love

Books
The Hidden Geometry of Flowers: Living Rhythms, Form and Number
Dirty Medicine: The Handbook
Opening the Door to the Worlds
2012 A Clarion Call
Environmental Art Therapy and The Tree of Life
In the Shadow of the Buddha
The View Beyond - Sir Francis Bacon: Alchemy, Science, Mystery

Briefings
Electrosensitivity conference covers range of triggers
Laptop Wifi radiation affects sperm motility and DNA fragmentation
Danish mobile phone/cancer study rebutted in BMJ
US prisons sued over soy-laden diet
FDA allows raw milk across state lines for personal consumption
Weston A Price Foundation/London’s 2012 conference and 2011 DVD
Canadian First Nations sue Shell over tar sands destruction
Giordano Bruno Globalshift University
Alfred Riggs tribute
Ozonated olive oil cream with special properties
Our Future Planet

Issue 83, Autumn 2012: £4.25

Ancient Buddhist Relics tour the UK
Precious ancient relics en route to India will be on view at specific venues
Sounding the Great Pyramid
Mags MacLean recounts her unique experiences within on 11.11.11, John Reid, his unique cymatic images from the King's Chamber
Permaculture and regenerative agriculture
Aranya describes the development and aims of both, the latter a recent arrival to the UK
Interacting with the Spirit of Place
Dr Patrick MacManaway outlines his use of geomantic methods, including dowsing, earth acupuncture and working with earth energies to improve crop yields and animal output
Spiritual Permaculture
Sam Burcher reviews a DVD on the development of permaculture in Russia
Earthing – Nature’s primary health support
Dr John Kelsey reveals the many beneficial effects of naturally re-connecting with the Earth
Venus Transit through Rosslyn Chapel
Richard Merrick connects Venus’ orbital path to the Chapel’s layout as a blueprint for sacred temples
Trusting crisis
Catherine Lucas exhorts us to surrender to spiritual crisis to allow it to transform our lives

New Global Festivals – Steve Nation
A Culture of the Heart is Arising
Poetry: In Tune with the Spirit
Jay Ramsay discusses Robert Bly’s Let Sympathy Pass
Books
Queen of the Sun – What Are the Bees Telling Us?
Earthing – the most important health discovery ever?
In Case of Spiritual Emergency
Gut and Psychology Syndrome
Stairway to the Stars
Serial Consciousness

Briefings
New device confirms therapeutic effects of pulsed electromagnetic fields
Supplements’ risk vanishingly small, data shows
Sunflowers grown around the world to honour Alan Turing
First specialist paediatric acupuncture clinic
Paramahamsa Nithyananda to visit London in November
Weston A Price Foundation conference DVD
Tributes: Frau Maria Thun; Roger Woolger

Issue 84, Winter, 2012: £4.25
Caduceus 25th anniversary
Thanks to all who have contributed to our success and survival

Geoff Stray discusses the history and most likely scenarios at the end of the Mayan Calendar

Re-activating the Michael/Mary energy lines
John Moss describes the effect of dowsers re-energizing these sacred lines

Lucid Surrender – dream alchemy
Mary Ziemer explores how dreams can reveal psycho-spiritual development

Vaccination – vs vitamin D
Dr Jayne Donegan presents data on the pros and cons of vaccination and the benefits of vitamin D

Re-sounding to energise the chakras
Jehanne Mehta describes her unique method of healing using sound and the chakras

Can past-life therapy help present-life problems?
Bill Heaney discusses Greg Branson’s attempt to provide valid evidence

GM attack: ministers, farmers, scientists
Sam Burcher reports on Paraguay’s Oscar Rivas’ efforts to stop the corruption

New Global Festivals – Steve Nation
Birthing a new Cycle of Humanity

Books
Seed Sounds for Tuning the Chakras
AVISION The Way of the Dream
Crucible of Love: The Alchemy of Passionate Relationships
The Venus Blueprint
The Joseph Communications – The Fall
Too Much Too Soon? Early learning and the erosion of childhood
The Challenge of Rudolf Steiner (DVD)

Poetry: In Tune with the Spirit
Jay Ramsay presents a variety of new contemporary poets

Briefings
Plants supply clean low-cost electricity
Findhorn celebrates 50 years
New School of Sound and Healing Arts
Tribal Sound Healing and the Tambora Foundation
Kogis give their final warning to ‘Little Brother’
Last Ghost Dance at Glastonbury
Vitamin D deficiency ‘epidemic’, survey reveals
Mobile phones can cause brain tumours – landmark Italian case
Tributes: Don Campbell; Marke Pawson

Issue 85, Spring, 2013: £4.25

First victory over silent spring killers
Sam Burcher reviews a spate of Westminster meetings to protect bees

Inhabiting the world of Anglo-Saxon shamanism
Professor Brian Bates evokes the strong dependence on Nature and life in the forest

Plant spirit magic in the Golden Valley
Fiona Owen describes the power of communing with plant spirits to recover from trauma

Flowers’ sacred geometry reveals cosmic truths
Professor Keith Critchlow reveals how the hidden geometry awakens a spiritual perception
Female sexuality and the menstrual cycle
Miranda Gray explores how female sexual expression is influenced by the menstrual rhythm

Finding your naked voice
Chloe Goodchild discusses how finding your true voice can transform your life

Cholesterol – the good, the bad and the lack of evidence for statins
Dr Rajendra Sharma and Justin Smith present evidence that destroys myths and questions widespread statin use

Our native woods – sensing their character and sound
Tobias Kaye delves into the sonic nature of certain native trees

New Global Festivals – Steve Nation
Thinking globally and acting locally

Books
The Cathar View
Nature Spirits: The Remembrance
Heart of Yew
Where on Earth is Heaven?
Spiritism and Mental Health
Essential Poems from the Staying Alive Trilogy

Poetry: In Tune with the Spirit
Jay Ramsay presents the work of various new, contemporary poets

Briefings
SMART meter campaigners lobby MPs
Electromagnetic Sensitivity and Hypersensitivity
Stop Government U-turn on herbal medicine promise
Petition to legalise unpasteurised milk
Sri Swami Sharavana Baba to lead prayers for world peace
Free trees from the Woodland Trust
‘Wild Women of the Woods’ exhibition
Music Therapy Week to raise awareness
Plants emit electric signals to guide foraging bees

Cover: Early morning light at Westonbirt Arboretum, Tetbury, Glos

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Prayers of the Ancient Ones
Launch of a film about the Tibetan Buddhist annual World Peace Ceremony

Forests for LIFE!
Fred Hageneder’s first of 2-part article on the health-promoting properties of forests

Negative air ions – vitamins of the air
Rosalind Tan describes the health problems caused by an imbalance of ions in buildings

Benefits of grounding
Roy Riggs discusses need for proper grounding and avoidance of electrical units in bedrooms

Time, Space and Knowledge
Caroline Sherwood and Michael Gray on a different vision of what is real and what is possible

Vitamin D deficiency
Oliver Gillie argues that the Government and major cancer charity are failing the public

Positive Psychology for the planet
Chris Johnstone explores how a new science can help personal and planetary healing
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Toward a culture that values and protects trees

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What has Nature ever done for us?
The Dream of the Cosmos
The Man Who Plants Trees
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FSA considers raw link
Sarah Miles opens house as healing retreat
BUSS London conference; Artemis invitation
Embercombe ‘journeys
Tribute: Michael Baigent

Cover: David Milarch next to the 3,000-year-old Waterfall Tree in the Giant Sequoia National Monument in California. See p.9. From: The Man Who Plants Trees – see Reviews

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Tribute: Choje Akong Tulku Rinpoche
Founder of the first Buddhist monastery in the West, Samye Ling in Scotland

Qigong – way of life force enhancement
Kim Lovelace describes the development and modern use of this ancient energy form

Trees for LIFE!
Fred HagedenDer, in the second of his 2-part article, focuses on the mythological and spiritual aspects of forests

Chromically exposed to pulsed microwaves – our children’s daily reality
Alasdair Philips presents new evidence and types of RF radiation that threaten our children’s health and fertility

Parent Essential Oils – understanding the real effects of fish oils
Prof Brian Peskin presents evidence that, contrary to received wisdom, fish oils can be harmful

Gift of Chinese herbal medicine
Dr Ming Cheng describes the evolution and current development of this very ancient system

Orbs and the alchemy of space
Christian Kyriacou draws on his 44 years’ experience with ‘geo-etheric structures’ – or orbs

New Global Festivals – Steve Nation
The New that is emerging

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Fat Chance: The Hidden Truth about Sugar
Obesity and Disease
Chinese Medical Qigong
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FSA issues consultation document on raw milk
Weston Price conference at Sandown Park
Worldwide condemnation of Seralini retraction
Expanding Falun Gong still under threat
Statutory regulation for herbal medicine further delayed
Tribute: John Rogers

Cover: Orb expressing sacred heart geometry at Portugese monastery by Christian Kyriacou

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**Major London meditation gathering in July**
Swami Paramananda will lead ‘The Way to Peace and Happiness’ event
**Current weather ‘chaos’ – IPCC warming model fails again**
Peter Taylor presents detailed evidence showing that cooling not warming is imminent
**UV blood irradiation and ozone combat antibiotic resistance**
Dr Robert Rowen describes the wide application of these powerful oxidative therapies
**Countering the criminalisation of traditional foods**
Julian Rose discusses his involvement in fighting the Polish Government’s attempts at suppression
**Spirit of Pan**
Artists Tiana Marie and Gwyn Ardyth explore Pan through the ages expressed in religion, art, literature and music
**Returning home – the healing power of Nature**
Tim ‘Mac’ Macartney examines the growing use of ecotherapy to reconnect distressed people
**Western herbal medicine**
Dr Chris Etheridge outlines its development, benefits and its use of herbs

**New Global Festivals** – Steve Nation
*Spirituality, History and the United Nations*

**Books**
*Deadly Medicines and Organised Crime*
How big pharma has corrupted healthcare
*FARMAGEDDON – The True Cost of Cheap Meat*
*Involution – an Odyssey*
*PEO Solution*
*To Call Myself Beloved*
*Pan’s Daughter: The Magical World of Rosaleen Norton*
*19 Big Secrets about Astro Gems*
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Say No to the TTIP
Satsang with Mukti
International Essence Awareness Month
Statins side-effects challenge overlooks missing data
Spiritual orbs calendar
Tribute: Emilio del Guidice

Cover: Pan by Tiana Marie, as seen in the Royal Horticultural Gardens, Wisley, Surrey

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International Women’s Day March 2014/15
Images celebrating this annual event

Path of the Quetzalcoatl - Sacred pilgrimage to Mexico
Steven Altman explores ancient Toltec sacred and therapeutic shamanic techniques

Gut-brain communication
Dr Irina Matveikova describes its wide-ranging effects on health, liver and cholesterol

Ayurveda – medicine tailored to you
Sebastian Pole explains the essential philosophy and approach to achieve better health

From Iona to Rosslyn – tracking down the Holy Grail
Claire Nahmad explores a sacred pilgrimage to understand the enigmas of this isle

Mary Magdalene – echoes of the Goddess
Jane May describes the tradition, myth and mystery about her in the heart of France

GMOs – Myths and Truths
Scientifically backed research to expose the real truth about GMOs

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The rise of the feminine

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Grail Alchemy
Walking with White Eagle in Sacred Places
In Defence of Life
An Electronic Silent Spring
Monuments
The Alpha Wolf
Contact with the Gods from Space

Letters: Current Weather Chaos – Tony Wardle; Peter Taylor

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US doctor leads team to fight ebola with ozone; Medical Innovation Bill; new recipe for farming, wildlife, food and public health; GM Free Me – put your selfie on the map!; China may allow Dalai Lama to return to Tibet; Acclaimed Tibetan doctor to visit UK; Tribute: Ann Napier

Cover: Singing and dancing in Funafuti Atoll, Tuvalu, South Pacific. Photo: Rodney Dekker/Oxfam NZ.

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Life after death study supports survival
Largest-ever study finds awareness continues after brain shuts down

Coconut oil benefits Alzheimer’s sufferers
Bruce Fife examines studies of its beneficial properties involving medium chain fatty acids and ketones

101 references support positive effects of saturated fats and cholesterol
Dr Rajendra Sharma describes its wide-ranging effects on one’s health, liver and cholesterol

Rosslyn Chapel – the Rose of the world
Claire Nahmad explores the Rose-line and the Chapel’s relationship to the Holy Grail

The ‘frozen music’ within Rosslyn
Richard Merrick reveals the sacred meanings and musical knowledge concealed in its architecture

Revealing plant perception at Damanhur
Tigrilla Gardenia describes her research into plants’ ability to create and communicate music

Ebola – how it started and how it might end
Dr Robert Verkerk asks ‘What’s really going on in West Africa’ – and the first cure using ozone

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The Year of Light

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Jay Ramsay presents the work of new contemporary poets

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Shungite: Protection, Healing and Detoxification
Stop Alzheimer’s Now!
The Toltec Secret: Dreaming Practices of the Ancient Mexicans
In the Garden of Flames

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Saturated fats warnings ‘should never have been issued’; Overuse of OTC drugs increases dementia risk; Images of Iona Tricker exhibition; TTIP – European objectors exceed 1.4m; French pass law on EMFs, WiFi and ES – a world first; CDC whistleblower exposes (another) MMR study fraud; Dreamers Path School of Nahualism

**Cover**: Tigrilla Gardenia, at Damanhur Spiritual EcoCommunity in Italy

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**Magna Carta’s 800th anniversary**
Artifacts and celebrations of the 800th anniversary, 15 June 2015

**Music’s healing influence throughout history**
Asher Kenton reveals its influence on Man’s healing and spiritual progress

**Tracking down the London Stone**
Greg Branson, Robin Baldock and Tanya Dorrington investigates origins of the Stone and using psychic means to locate it

**Vaccination**
Bronwyn Hancock outlines the issues and arguments in light of Australian Government plans

**EM hazards – still resisted by national and international regulators**
Alasdair Philips exposes the denial, deceit and manipulation of the UK, EU and international bodies

**Searching for the Grail in Avalon**
Mara Freeman explores the esoteric connections between Glastonbury and the Holy Grail story

**Climate change – answering critics and exposing manipulation**
Peter Taylor answers critics and reveals how IPCC data has been manipulated

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*It’s all about the soil*

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Jay Ramsay presents the work of new contemporary poets

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Government and Systematically Deceived the Public; The Big Fat Surprise: Why butter, cheese and meat belong in a healthy diet; Chemtrails, HAARP and the Full Spectrum Dominance of Planet Earth; The Holy City: The Coral Music of James D’Angelo

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Cover: Glastonbury Tor at sunset (Photo: Simant Bostock; www.simantbostock.com); inset: Frank Perry’s spiral of bowls (Photo: Oliver Nares)

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The Holy Land – from conflict to harmony
Michael Kenton describes his experiences during a trip to Israel

Uncovering the authentic historical Jesus
Barry Page discusses the evidence that Jesus married, had children and survived his crucifixion

The Great Work – healing the world by collective meditation
Dr Roger Taylor discusses research showing that collective meditation can directly effect human behaviour

Rewards of a dreaming pilgrim
Lawrence Main describes his profound dreams sleeping in some of the UK’s major megalithic sites

Transformation with Silene Capensis and the I Ching
Shenpen Chokyi reveals her deep experiences with African Dream Root and insights with the I Ching

Iodine deficiency epidemic underlies many modern illnesses
Dr David Brownstein explores the range of health problems caused and how to test your iodine status

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Seeing the big picture

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Cover: Young meditating monks in Thailand; inset: Paramahansa Yogananda

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‘9/11 Truthers’ vindicated – US Government was complicit in a cover-up
More US officials reveal extent of high level protection of Saudis involved

Joseph of Arimathea – the human father of Jesus
Prof Hugh Montgomery presents evidence of the real power and status of Joseph of Arimathea

Fukushima – an ongoing disaster
Arnie Gundersen exposes the real levels of fallout and hazard

Protect yourself in our hot radioactive world
Dr Mark Sircus describes his use of iodine and hydrogen to protect those exposed

Ionising radiation – the genetic killer
Prof Chris Busby challenges the orthodox model of hazard and describes the coming London legal case

The Greenwich Meridian – Britain’s secret axis of power
Paul Broadhurst explores the history and power of an axis considered to link Heaven and Earth

Ancient British shamanism
Elen Sentier follows the quicksilver pathways of Elen of the Ways, our ancient deer goddess

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Cover: The Greenwich Meridian (photo: Mythos); inset: The World-Tree

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Enlightenment conference online
Report on first online Enlightenment conference held in Germany

Oral infections – root cause of many chronic illnesses
Bruce Fife describes the basic link between the mouth’s health and chronic illnesses

Oil pulling – cleansing the mouth to heal the body
Bruce Fife outlines the benefits of this ancient technique to clear bacteria from the oral cavity

Palm reading – ancient art validated by new science
Erin Rose explores new scientific evidence that confirms old interpretations

Is Francis Bacon the true author of Shakespeare’s plays? (Part 1)
Peter Welsford and Claire Nahmad examine the growing evidence for the claim

Tribute: Mae-Wan Ho
Letter to the editor: Jesus and Joseph of Arimathea

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Cover: Francis Bacon and William Shakespeare

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International Tribunal Against Monsanto
Sam Burcher reports from the Hague where witnesses gave evidence of global harm from Roundup

In search of the true Saint Thomas
Barry Page argues that he was the brother of Jesus and founded his own church in India

‘Truth is the daughter of time…’. Pt 2: Bacon as true author of Shakespeare
Peter Welsford and Claire Nahmad explore Bacon’s promotion of the New World as leader of the Rosicrucian movement

Silicon-rich water reduces toxic aluminium and helps Alzheimer’s
Christina England asks why a water company ceased funding research that supported its product
Cymatics and cymatherapy – how sound vibrations can heal
Dr Robert Gilbert examines their development and research on healing applications of sound codes

Letter to the Editor: Shakespeare: a dream afloat reality

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Steve Nation says now is the time to work for the new

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Cover: A therapeutic code emitted by the AMI 750 sound therapy device, made visible by CymaScope.com. Courtesy of Cyma Technologies Inc.

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US research finds injury link to vaccinated children
Dr Robert Verkerk examines the issues around these challenging results

Return of the Golden Bough
Janis Fry discusses its recent reappearance after 3,000 years in an ancient Welsh yew

Shakespeare and the New Temple
Petter Amundsen indicates that Shakespeare’s writing hides a possibly dangerous secret

2017 – the year of Baconian revelation?
Claire Nahmad and Peter Welsford explore the history of decryption attempts and possible imminent revelations

Radionic therapy – treating a horse with ‘Love’
Di Welch describes the therapy and its extensive use by horse owners

Vaccines, glyphosate and the rise in autoimmune disease
Dr Stephanie Seneff reveals the effects of toxic ingredients, including glyphosate, in vaccines

Annual vaccination of cats and dogs is a fraud
Catherine O’Driscoll exposes the over-vaccination of animals and the effects on their health

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Cover: Recently discovered ‘golden fleece’ as early stage Golden Bough on an ancient yew at St Margaret’s Church, Buxted, E Sussex. Photo: Andrew MacLean

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Chemotherapy – to risk or not to risk?
Stephen McMurray presents the evidence that every cancer needs to be aware of

Questioning the debunkers of ciphers in Shakespeare’s plays
Dave Patrick re-examines the Friedmans’ debunking of hidden ciphers in Shakespeare’s plays

Hyperthermia in cancer treatment
Dr Siegfried Trefzer describes how hyperthermia is used to support and treat cancer patients

Defeating cancer – strategies to adopt, hazards to avoid
Simon Best and Dr Robert Verkerk sift the advice and research for various healthy options and what to avoid

The Metabolic Theory of Cancer and its use of the ketogenic diet
Travis Christofferson describes the new theory and the benefits of a ketogenic diet in fighting cancer

Clarifying Glastonbury’s spiritual history
Barry Page examines the evidence for the visits of Jesus, James and Joseph and his mother to Britain and Glastonbury

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Building infrastructures of goodwill in response to cancer

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Showing Her Majesty’s worldwide commitment to supporting forests and Nature

Cancer wars: history of medical orthodoxy’s suppression of natural treatments
In Part 1 of a 2-part article, Martin J Walker exposes how the medical industrial complex criminalised effective non-drug cancer therapies

Shi’i Islam – the way of the prophetic family
Dr Rebecca Masterton describes the origin of Islam and how and why it divided into two primary sects

Connecting light, vision and consciousness
American light pioneer, Dr Jacob Liberman explains how to find ‘presence’, extracted from his new book

The Hidden Life of Trees
Fred Hageneder critiques the ideas of Peter Wohlleben’s bestseller on the life of trees and forests

Antibiotics can seriously affect your mental health
Stephen McMurray reveals the range of psychiatric symptoms that antibiotics can trigger

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