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CADUCEUS

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The fear and the ecstasy of spiritual transformation
- Avian flu – hype or real threat?
by Julia Pendower
Sorting fact from fiction, vaccines and other aids

Books: Tantra of Sound; No Time to Lose: A Timely Guide to the Way of the Bodhisattva;
The Cave of the Heart; Big Pharma: how the world's biggest drug companies market illness;
The Shamanic Way of the Bee.

Issue 69: Autumn 2006: £3.95

- Columbia's Kogi Indians – Guardians of a sacred trust
by Alan Eriera
Warnings from a people protecting the Heart of the World
- Unlocking the secrets of the wounded psyche: Part 1
by Daniela Sieff
A psychological survival system can become a prison
- Francis of Assisi – Paintings of our time
by Jeremy Naydler
Depictions of a 'holy simpleton' with a message for us all
- The unity of Nature and Culture
by Brian Goodwin
Revelations and implications of dissolving boundaries
- Answering the primordial question
by Pia Zia Inayat-Khan
Spiritual liberty offers us challenges and opportunities
- Pyramids power new research
by Roger Taylor
Russian studies find extraordinary effects
- Drinking water – is our most precious natural resource contaminated?
by Robert Verkerk
What are you also absorbing from a glass of water?
- Seeking the essence of water
by Simon Charter
An anthroposophical approach involving Flowforms
- The Interfaith Seminary – many paths, one Truth
by Catherine Lucas
A program to train non-denominational ministers
- Whole Healing Easily and Effectively
by Daniel Benor

Powerful therapy that stimulates left and right brain

Books: The Wave; A New Earth: Awakening to your life's purpose; Megalithic Measures and Rhythms; The Hidden Story of Cancer; Songs for Gaia; EMDR and the Energy Therapies: psychoanalytic perspectives; Wild Geese: selected poems.

Issue 70: Winter 2006: £3.95 (scan only available)

- Reconciliation over revenge

by Heba Zaphiriou-Zarifi

Coming exhibition by Palestinian and Israeli artists

- One Year On – Saving Orissa's mountains

by Felix Padel, Samarendra Das and Surya Dash

India's Dongria Konds oppose mining exploitation of their land

- Re-inhabiting the body

by Tina Stromstead

Authentic Movement as a pathway to transformation

- Unlocking the secrets of the wounded psyche: Part 2

by Daniela Sieff

Its miraculous survival system that is also a prison

- Toward a peaceful tomorrow by Jo Berry

Conference commits sufferers of terrorism to peace

- Breast cancer – one woman's journey

by Lisa Lambon

Embracing a holistic approach to treatment and survival

- Mistletoe therapy for cancer at Park Attwood

Research supports a treatment better known in Europe

- Herbal medicine

by Peter Jackson-Main

Its future practice under impending regulation

- Chlorine – boon or bane of our drinking water?

by Robert Verkerk

The benefits versus the considerable dangers

- Inspired by an unseen source

by Painton Cowen

An appreciation of the 'guided' paintings by Sara Allan

New Global Festivals -- Steve Nation

World AIDS Day and Human Rights Day

Astrology – Melanie Reinhart

Pluto re-defined, listening to the beyond

Books: The Biology of Transcendence; Hemp for Victory; Your Thyroid and how to keep it healthy; Kasper Hauser: Paintings; Crucible of Love; The Powerwatch Handbook.

Poetry: In Tune with Spirit

Jay Ramsey discusses TS Eliot's The Waste Land

Sound – International Sound Healing Conference

James D'Angelo reports on latest US research

News

Spiritual Narratives in Psychological Therapies conference

Fluoride linked to obesity through effect on thyroid

Flu vaccines – not very useful and potentially harmful

C. difficile threat as new superbug

Issue 71: Spring 2007: £3.95

• Mornings with Eileen

by Mike Scott

Accompanying Eileen to her daily morning meditation

• Eileen Caddy 1917-2006

An inspiration modern mystic

• All is very, very well

by Mike Scott

Recalling Eileen's life and journey to co-found Findhorn

• My personal experience with guidance

by Eileen Caddy

An early lesson on how to listen to the 'still voice within'

• A radical lover of God

by Robin Alfred

Recalling the many times that Eileen guided him

• Cymatics – insights into the invisible world of sound

by Jeff Volk

Stunning images reveal the dynamic interaction of sound with water

• Polyphonic harmonies and song in the Republic of Georgia

by Madge Bray

Using vibrational healing to treat traumatized children

• Living in the continuous world

by Jason Shulman

Changing the way we perceive our selves in the world

• ORMUS – Orbitally Re-arranged Monotomic Elements

by Roger Taylor

Specific elements appear to possess unusual, beneficial properties

• Watercress – superfood with strong anti-cancer properties

New research supports watercress status as a superfood

• Healing encounter in Ladakh

by Anita Fuller

A visit to the country's most celebrated oracle/healer

New Global Festivals – Steve Nation

International Day for Biological Diversity and World Environment Day

Astrology – Melanie Reinhart

Saturn and Neptune go head to head

Sound: Peter Culshaw travels with the band Tinariwen in Mali

Books: Water Sound Images: The Creative Music of the Universe; The Biology of Belief; The Healing Power of the Human Voice; Carry Me Home; They Are What You Feed Them

Poetry: In Tune with Spirit

Jay Ramsey discusses Ezra Pound's The Cantos

Issue 72: Summer 2007: £3.95

Listening to the landscape

• Healing the land, healing ourselves

Margaret Colquehoun describes her and her colleagues' 14 years work to develop the land around Pishwanton Wood in southeast Scotland to construct buildings and a community based on the principles of Goethean/Steiner science.

- Building for the Sun

Richard Hobday examines how the ancients' use of sunlight in buildings was re-discovered in architectural movements in the '30s, used in treating TB and is being increasingly recognized in designing modern buildings.

- Vitamin D update and hazards of sun screens

Simon Best describes the latest research on benefits of vitamin D – generated by sunlight – and the hazardous substances in most commercial sun screens.

- Re-discovering the art and science of sound healing

John Reid and Annaliese Kohinoor illustrate how sound therapy, first used by the ancients, is now poised to reveal the intricacies of healing both at the cellular and psychological levels.

- Reclaiming the Sacred Feminine

Margaret Starbird recounts the history and myths around the theme of the sacred feminine featuring Mary Magdalene's relationship with Christ, its suppression by the Church and re-emergence via the unfolding saga of the Knights Templar and imagery in Rosslyn Chapel and elsewhere.

- Climate change – accepting an inconvenient truth

Felix Padel reports on the issues raised at a major London conference, the pressing time-frame to achieve CO2 reductions and the pros and cons of biofuels.

Sound: Featuring the recently decoded Rosslyn Motet, deciphered after 15 years from the cymatic images carved in stone in Rosslyn Chapel and recorded there.

Books: Wolves of Water (a study of nuclear radiation and the cover-ups); The Light Revolution; The Great Cholesterol Con; Into the Further Reaches; One Self; Explore Alchemy

Issue 73: Autumn 2007: £3.95

Reaching beyond the surface

- Burma's cry for freedom – time to act
- Drawing the inside out

Mike Chase describes working with masks to face fears on the therapeutic journey -- as part of the International Mask Festival at Stourbridge

- The music of the megaliths

Marke Pawson reveals the links between megalithic design, music and the cosmos

- Vaastu – design for living in harmony with Nature

Thomas Royer examines the principles of this oldest approach to architecture

- From healing Ayurveda to centred stillness

Sarida Brown explores her cleansing experience of authentic Ayurveda at a Sri Lankan spa

- Healer, super-food – and free

Zoë Hawes shows how research is supporting old folk-tales about the properties of nettle

- The enigmatic hexagon on Saturn

John Reid proposes that sound is the key to understanding the planet's unexplained structure

- Dancing the Wheel of Life

Will Gethin reports on a major UK residential conference for shamanic practitioners

New Global Festivals – Steve Nation

International Day for Non-Violence/Be The Change 2007

Poetry: In Tune with Spirit

Jay Ramsay examines Edwin Muir's *The Castle*

Sound: James D'Angelo describes *The Song of the Earth* 'acoustic sound ritual' in Gloucester Cathedral

Books: *The Oxygen Prescription*; *Sacred Sound, Sacred Space*; *Last Child in the Woods*; *Time Stands Still*; *Confessions to a Womaniser - Secrets of the world's inspirational women*

News

Mobile phone use for over 10 years increases cancer risk

1,000 US doctors and scientists demand ban on fluoridation

Prof Ernst knocks herbal medicine; Death of Pam Perry

Issue 74: Winter 2007/8: £3.95

Honouring the inner spirit

- His Holiness The Dalai Lama to visit UK in May

Find out where he is speaking and how to book a place

- Resisting deforestation

Ken Finn reveals the efforts needed to fight deforestation and corruption, and preserve the sacred land of indigenous people

- Seeing with the eye of the heart

Anne Baring celebrates the vision of the British painter Cecil Collins in his centenary year

- Talking to the animals

Moyra Bremner explores the abilities of animal communicator extraordinaire Amelia Kinkade, which she also teaches

- Seaweed – Nature's secret for a long and healthy life?

Jane Philpott and Montse Bradford analyse the amazing nutrition in this sea vegetable

- Critique: 'The Secret History of the War on Cancer' by Dr Devra Davis

Roger Coghill asks how biased – or corrupt – is the science behind orthodox cancer treatment, based on the revelations in this major new book?

- What is living water?

Alick Bartholomew explores Viktor Schauberger's ideas on water's true nature

New Global Festivals – Steve Nation

International Year of Planet Earth, Sanitation, Languages and... the Potato

Poetry: In Tune with the Spirit

Jay Ramsay explores the poetry of Stephen Spender

Astrology – Melanie Reinhart

Crossing the threshold: Pluto into Capricorn

Sound: James D'Angelo describes the powerful impact of the unique film, *Into Great Silence*

Peter Culshaw assesses the big sound of Les Ethiopiques

Books: *Psyche and Cosmos*; *The Gerson Way*; *Tree Yoga*; *Thirst* (poetry title)

News

Open Letter to the British Food Journal challenging their award for best GM paper

Psychophonetics comes to the UK

ANH launches sustainable healthcare campaign

London College of Spirituality opens

Issue 75: Spring - Summer 2008: £3.95

- Funny faces help dissolve fear

Eliyahu McLean of the Jerusalem Peacemakers on an unusual project

- Journey to the Heart, by William Gethin

Preserving the way of life of the Peruvian Indians

- 'Little Tibet' -- investing in the future of Ladakh, by Philip Cornwell

The aims of the charity that is building the Druk White Lotus School

- Healing the soul – way of the shaman, by Karen Sawyer

Entering the realms the shaman inhabits to bring about healing

- Iodine – high doses treat the thyroid, breast disease and cancer, by Prof Donald Miller

US doctors are using high doses to detox the thyroid and treat breast disease

- Government 'Goliath' felled by dogged 'David', by Dr Chris Busby

Mark Purdey's courageous quest to expose the denial behind the BSE fiasco

- Reclaiming the sacred voice, by Susan Elizabeth Hale

Exploring the power of the voice to re-connect us to the sacred

New Global Festivals – Steve Nation

Climate change, poverty and the heart-centred will

Poetry: In Tune with the Spirit

Jay Ramsay examines the poetry of Vernon Watkins

Astrology – Melanie Reinhart

Focus shifts from Fire to Earth

Sound: James D'Angelo reviews two albums by sound healer Jonathan Goldman

Books: Iodine – Why you need it, why you can't live without it; The Book of Tibetan Medicine; The Transition Handbook; Alexander Thom: Cracking the Stone Age Code;

Food is better Medicine than Drugs

News

International Glass Festival 2008

Legal action only option says ANH if EC does not alter course on supplements

Transforming the medical model from within

Hazard fears in 80 percent of 952 sunscreens

Low vitamin D linked to death from all causes

Issue 76, Autumn/Winter 2008: £3.95

Race to the Antarctic for peace and the environment

Tess Burrows and her partner race five others teams to the South Pole

Climate change: cool inconvenient truths expose flaws in CO₂ model

Dr Peter Taylor presents neglected evidence that he argues shows global cooling has now started

View from the mountain

Wendy Ellyatt explores the Hopi and other prophecies surrounding 2012 in the context of transforming ourselves and society through ancient wisdom

Freedom through hardship

David Hamblin interprets what humanity faces from the horoscope for December 21, 2012

Sounding the sacred in Celtic shamanism

Dr Geo Trevarthen examines chanting and the use of sound and music to connect with the sacred

Magnesium chloride

Barbara Bourke describes its vital importance for optimum health, fighting infections and slowing the aging process

Working with soul in health and illness

Wendy Stokes reports on first joint conference by practitioners of spirit release

New Global Festivals – Steve Nation

Money and the financial crisis

Sound

James D'Angelo reports on 'singing stones' at Avebury with Tareth

Astrology – Melanie Reinhart

Saturn opposite Uranus – break-up, breakdown and... breakthrough

Book reviews

The Mystery of 2012 – Predictions, Prophecies and Possibilities

2012 and the Galactic Center

The Woodland Year

The Cygnus Mystery

Poetry: In Tune with the Spirit

Jay Ramsay assesses the poetry of Cecil Collins

News

Georgina Downs wins case against Government policy on pesticides

Help save Bride's Mound at Glastonbury

Chemotherapy drug causes brain damage

Seaweed could replace salt in food

Issue 77, Spring 2009: £3.95

Foremost Lama to visit

His Eminence the 7th Dzogchen Rinpoche visits the UK this summer

Sound and light treat children's learning problems

Pauline Allen, Principal of the Sound Learning Centre, describes how re-training the brain's processing improves a child learning difficulties

Sounding Bowls – their unique properties and healing power

Tobias Kaye explores the therapeutic effects of his special instruments

Prophecies of the Inka

Dr Alberto Villoldo recounts Inka predictions of upheavals prior to the return of the Earth people

Swine flu – how proportionate is the response?

Dr Robert Verkerk outlines his concerns over the new outbreak and the agendas of those involved

Keys to understanding your animal

Helen Wingstedt teaches how to avoid miscommunications by establishing emotional consistency

Manfred Kyber – a life in two worlds

Nigel Cooper presents the first systematic account of the life and work of this writer, visionary poet and animal lover in English

Codex Alimentarius: focus on true threats, not misinformation

Dr Robert Verkerk warns us not to be distracted from tackling the important issues

New Global Festivals – Steve Nation

Transition times – Year of Reconciliation

Poetry: In Tune with the Spirit

Jay Ramsay considers the poetry of Kathleen Raine

Astrology – Melanie Reinhart

Water of life: Jupiter, Chiron and Neptune in Aquarius

Books

The Sky is Always There; Be The Change; Out of Time; Grow your own Drugs; (my) Dying is Fun; Aung San Suu Kyi: The Voice of Hope

News

Resonance, Festival of Sound Healing

Vitamin D evidence prompts governments to review intake guidance

MHRA grants first homoeopathic license

NICE recommends acupuncture for back pain

Beijing scholars' bold report reveals breakdown in China's Tibet policy

Transitus festival of dying; Death of John Mitchell

Wildheart prepares for autumn gathering

Issue 78, Autumn 2009: £3.95

Worldshift2012 launched at British Museum

A new worldwide network announces its urgent Declaration

Harmonically guided evolution – the real missing link?

Richard Merrick proposes that geometric design is present at the molecular and quantum level

Metatronic Healing - purification with new energetic frequencies

Pippa Merivale describes Attunements and Transmissions energized by angelic 'instruction'

Re-discovering the essential feminine - a shamanic perception

Eliana Harvey describes a shamanic approach for women wishing to reclaim their inner power

AtlasProfilax -- re-aligning the Atlas to release pain

Fiona Westwood outlines a novel technique promises relief from many painful conditions

To vaccinate or not to vaccinate?

Dr Damien Downing presents an alternative, nutritional option to swine flu vaccination

Using mantras to balance your chakras

Simon Heather describes how to use special 'bija' mantras to balance the chakras

Acai berry

How this 'superfood' benefits Brazil's children and Rainforest

New Global Festivals – Steve Nation

Focus on climate change and peace

Poetry: In Tune with the Spirit

Jay Ramsay reflects on the poetry of Ruth Pitter

Books

CHILL: A reassessment of global warming theory; Worldshift2012: Making Green Business, New Politics & Higher Consciousness Work; Vision of Albion. The Key to the Holy Grail; Did Jesus come to Britain?; When Jesus lived in India; Chalice Well: The story of a living sanctuary

Briefings

ICNM launches complementary medicine awards

Thyroid health and iodine therapy seminar

Sweeteners reduce kidney function

World Puja Network celebrates 10 years

Computer-based CBT therapy treats depression and anxiety effectively at home

Major studies support cancer risk from mobile phones

Issue 79, Summer, 2010: £3.95

Altruism can transform economic systems

A conference inspired by the Dalai Lama debates spiritual values

Releasing green energies

Sam Burcher discusses green technologies, organic agriculture and the plight of the bees

Harmonically guided evolution – the universal pattern of life

Richard Merrick: Part 2: discovering sacred geometric design in all phenomena

Are you salt deficient?

Dr David Brownstein outlines health benefits of mineral-rich, additive-free, unrefined sea salt

Songs of enchantment - legacy of Seidr in shamanism

Annette Host explores this ancient Northern European shamanic tradition

Encounter with extraterrestrials

James D'Angelo gives an extraordinary eye-witness account of attempted communication

Protect your rights to natural medicine

Dr Robert Verkerk warns of the threat to herbs and natural medicines and how to help

New Global Festivals – Steve Nation

Considers 2010 as the International Year of Biodiversity

Poetry: In Tune with the Spirit

Jay Ramsay assesses the work of Thomas Merton

Books

Interference: A Grand Scientific Musical Theory; SALT Your Way to Health;

Local Food: How to make it happen in your community; Hidden Truth, Forbidden

Knowledge; The Divine Plan Beyond 2012

Briefings

Truth Matters conferences launch in Glasgow

Caduceus arises in Arizona

Seaweed vs alginate in the salt/obesity debate

Vitamin D linked to cognitive function in the elderly

Daily vitamin D guidance too low; Spirit of the Elephant play all the way from Johannesburg

Letter to the Editor: White Springs, Glastonbury

Tribute to Hamish Miller

Helios centre expands; Biological farming DVD

Issue 80, Winter 2010: £2.00 (only available as scan)

Kogi Indians re-emerge to give final warning in new film

Working with film-maker Alan Ereira, the Kogis urge us to listen

Drinking raw milk - the pros and cons of processing

Ann Woodriff Bierne examines the health evidence behind the emotive debate

Tapping into healing

Moyra Bremner reveals the huge healing potential of TFT and EFT

The Ghost Dance in Glastonbury

'Snowfalcon' explores the history of the modern dance and its importance at this time

Relationships - taking a conscious approach to their ending

Vena Ramphal explains how to break energetically when a relationship ends

Live to Love charity launched by Buddhist leader

His Holiness the Gwalwang Drukpa launches his charity in London

Finding my diamond centre

Viscountess Marina Cowdray recounts how sculpting is part of her spiritual life

The great swine flu con

Dr Robert Verkerk investigates the dubious science and agendas behind the H1N1 vaccine's promotion

Seaweed can reduce salt intake in food

Simon Ranger describes research supporting seaweed's potential

Who controls the food chain?

Sam Burcher examines the latest GM research and developments

TONGO - The Other National Grid Operation

Joe Hoare describes a technique for healing places and communities

New Global Festivals – Steve Nation

Magic, vision and the creation of a new world

Poetry: In Tune with the Spirit

Jay Ramsay analyses Peter Redgrove's The Heart

Books

The Untold Story of Milk

Countdown to Coherence

Tony Samara: a modern shaman...and beyond

The Secret Land

Tidal Shift

The Truth Agenda

Briefings

Soka Gakkai's 80 years of spreading peace

MPs pledge support for campaign to save herbal medicine

EU Herbal Directive discriminates against non-European traditions

Victory at Niyam Raja, Orissa, India

US Food Safety bill passes the Senate

Issue 81, Summer 2011: £4.25

Rescuing New Zealand's gentle giants

Isabelle Baigent's experience of saving stranded pilot whales

Echoes of the ancestors

Madge Bray describes the place of Georgian harmonies in life and death in Upper Svaneti

Soy hazards - adverse effects in hidden consumption

Dr Kaayla Daniel examines the health myths and realities behind the marketing hype

Creative consciousness

Barry Cottrell explores the body's power to create a new shamanism

Who really benefits from GM crops?

Sam Burcher reveals how agro-ecology offers real solutions to world hunger

Apple cider vinegar

Dr Penny Stanway discusses the evidence for its fabled beneficial health effects

Pilgrimage to Mount Kailas

Jonquil Cooper describes filming her risky journey to this sacred site

Time to launch a new Odyssey

Daisa Morgan is involved in raising funds for a new, sacred geometry-designed cancer centre

Sacred Light - Christ and a gathering of saints

Eleanor Allitt enthuses over a new exhibition of Greg Tricker's works

New Global Festivals – Steve Nation

Forests, trees and woodlands find international support in 2011

Poetry: In Tune with the Spirit

Jay Ramsay assesses Ted Hughes' That Morning

Books

The Story of Water

The Whole Soy Story

Potential Health Effects of Foods Derived from GM Plants

The Case against Fluoride

Cymatherapy: A Practical Guide for Everyone

Dancing with Dark Goddesses

Briefings

First legal action to remove WiFi from classrooms

St Nectan's Glen for sale

5-fold brain cancer risk in young mobile phone users

Raw milk threatened in UK and US

GM food labelling finally agreed by Codex

European parliament to allow member states to ban GM crop cultivation

Sunflower Jam raises thousands for charity

Issue 82, Autumn-Winter 2011: £4.25

Ecocide - a crime against the planet?

Sam Burcher reports of the first 'trial' of the proposed crime of Ecocide

Flowers express hidden sacred geometry

Prof Keith Critchlow reveals how flowers manifest inherent mathematical design

Yogananda's Kriya Yoga teachings

Brother Santoshananda describes his technique 150 years after its resurrection

Gut dysbiosis triggers Gut and Psychology Syndrome

Dr Natasha Campbell-McBride explores illnesses caused by disturbed gut absorption

Lighting the way in marine conservation

Amanda Banks describes the activities of three conservationists in the US, Canada and Peru

Claudio Naranjo - teacher by eloquent example

Charles Keck recalls when he first encountered the man and his ideas

Top US scientist warns against glyphosate

Sam Burcher reports from an All-Party Group on Agro-ecology meeting

New Global Festivals – Steve Nation

Looking ahead to 2012: Year of Sustainable Energy, Cooperatives and ending cycles

Poetry: In Tune with the Spirit

Jay Ramsay assesses Mary Oliver's Of Love

Books

The Hidden Geometry of Flowers: Living Rhythms, Form and Number

Dirty Medicine: The Handbook

Opening the Door to the Worlds

2012 A Clarion Call

Environmental Art Therapy and The Tree of Life

In the Shadow of the Buddha

The View Beyond - Sir Francis Bacon: Alchemy, Science, Mystery

Briefings

Electrosensitivity conference covers range of triggers

Laptop Wifi radiation affects sperm motility and DNA fragmentation

Danish mobile phone/cancer study rebutted in BMJ

US prisons sued over soy-laden diet
FDA allows raw milk across state lines for personal consumption
Weston A Price Foundation/London's 2012 conference and 2011 DVD
Canadian First Nations sue Shell over tar sands destruction
Giordano Bruno Globalshift University
Alfred Riggs tribute
Ozonated olive oil cream with special properties
Our Future Planet

Issue 83, Autumn 2012: £4.25

Ancient Buddhist Relics tour the UK

Precious ancient relics en route to India will be on view at specific venues

Sounding the Great Pyramid

Mags MacLean recounts her unique experiences within on 11.11.11, John Reid, his unique cymatic images from the King's Chamber

Permaculture and regenerative agriculture

Aranya describes the development and aims of both, the latter a recent arrival to the UK

Interacting with the Spirit of Place

Dr Patrick MacManaway outlines his use of geomantic methods, including dowsing, earth acupuncture and working with earth energies to improve crop yields and animal output

Spiritual Permaculture

Sam Burcher reviews a DVD on the development of permaculture in Russia

Earthing – Nature's primary health support

Dr John Kelsey reveals the many beneficial effects of naturally re-connecting with the Earth

Venus Transit through Rosslyn Chapel

Richard Merrick connects Venus' orbital path to the Chapel's layout as a blueprint for sacred temples

Trusting crisis

Catherine Lucas exhorts us to surrender to spiritual crisis to allow it to transform our lives

New Global Festivals – Steve Nation

A Culture of the Heart is Arising

Poetry: In Tune with the Spirit

Jay Ramsay discusses Robert Bly's Let Sympathy Pass

Books

Queen of the Sun – What Are the Bees Telling Us?

Earthing – the most important health discovery ever?

In Case of Spiritual Emergency

Gut and Psychology Syndrome

Stairway to the Stars

Serial Consciousness

Briefings

New device confirms therapeutic effects of pulsed electromagnetic fields

Supplements' risk vanishingly small, data shows

Sunflowers grown around the world to honour Alan Turing

First specialist paediatric acupuncture clinic

Paramahansa Nithyananda to visit London in November

Weston A Price Foundation conference DVD

Tributes: Frau Maria Thun; Roger Woolger

Issue 84, Winter, 2012: £4.25

Caduceus 25th anniversary

Thanks to all who have contributed to our success and survival

Transition though 21.12.12.

Geoff Stray discusses the history and most likely scenarios at the end of the Mayan Calendar

Re-activating the Michael/Mary energy lines

John Moss describes the effect of dowsers re-energizing these sacred lines

Lucid Surrender – dream alchemy

Mary Ziemer explores how dreams can reveal psycho-spiritual development

Vaccination – vs vitamin D

Dr Jayne Donegan presents data on the pros and cons of vaccination and the benefits of vitamin D

Re-sounding to energise the chakras

Jehanne Mehta describes her unique method of healing using sound and the chakras

Can past-life therapy help present-life problems?

Bill Heaney discusses Greg Branson's attempt to provide valid evidence

GM attack: ministers, farmers, scientists

Sam Burcher reports on Paraguay's Oscar Rivas' efforts to stop the corruption

New Global Festivals – Steve Nation

Birthing a new Cycle of Humanity

Books

Seed Sounds for Tuning the Chakras

AVISION The Way of the Dream

Crucible of Love: The Alchemy of Passionate Relationships

The Venus Blueprint

The Joseph Communications – The Fall

Too Much Too Soon? Early learning and the erosion of childhood

The Challenge of Rudolf Steiner (DVD)

Poetry: In Tune with the Spirit

Jay Ramsay presents a variety of new contemporary poets

Briefings

Plants supply clean low-cost electricity

Findhorn celebrates 50 years

New School of Sound and Healing Arts

Tribal Sound Healing and the Tambora Foundation

Kogis give their final warning to 'Little Brother'

Last Ghost Dance at Glastonbury

Vitamin D deficiency 'epidemic', survey reveals

Mobile phones can cause brain tumours – landmark Italian case

Tributes: Don Campbell; Marke Pawson

Issue 85, Spring, 2013: £4.25

First victory over silent spring killers

Sam Burcher reviews a spate of Westminster meetings to protect bees

Inhabiting the world of Anglo-Saxon shamanism

Professor Brian Bates evokes the strong dependence on Nature and life in the forest

Plant spirit magic in the Golden Valley

Fiona Owen describes the power of communing with plant spirits to recover from trauma

Flowers' sacred geometry reveals cosmic truths

Professor Keith Critchlow reveals how the hidden geometry awakens a spiritual perception

Female sexuality and the menstrual cycle

Miranda Gray explores how female sexual expression is influenced by the menstrual rhythm

Finding your naked voice

Chloe Goodchild discusses how finding your true voice can transform your life

Cholesterol – the good, the bad and the lack of evidence for statins

Dr Rajendra Sharma and Justin Smith present evidence that destroys myths and questions widespread statin use

Our native woods – sensing their character and sound

Tobias Kaye delves into the sonic nature of certain native trees

New Global Festivals – Steve Nation

Thinking globally and acting locally

Books

The Cathar View

Nature Spirits: The Remembrance

Heart of Yew

Where on Earth is Heaven?

Spiritism and Mental Health

Essential Poems from the Staying Alive Trilogy

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of various new, contemporary poets

Briefings

SMART meter campaigners lobby MPs

Electromagnetic Sensitivity and Hypersensitivity

Stop Government U-turn on herbal medicine promise

Petition to legalise unpasteurised milk

Sri Swami Sharavana Baba to lead prayers for world peace

Free trees from the Woodland Trust

'Wild Women of the Woods' exhibition

Music Therapy Week to raise awareness

Plants emit electric signals to guide foraging bees

Cover: Early morning light at Westonbirt Arboretum, Tetbury, Glos

Contents, Issue 86, Summer 2013: £4.25

Prayers of the Ancient Ones

Launch of a film about the Tibetan Buddhist annual World Peace Ceremony

Forests for LIFE!

Fred Hageneder's first of 2-part article on the health-promoting properties of forests

Negative air ions – vitamins of the air

Rosalind Tan describes the health problems caused by an imbalance of ions in buildings

Benefits of grounding

Roy Riggs discusses need for proper grounding and avoidance of electrical units in bedrooms

Time, Space and Knowledge

Caroline Sherwood and Michael Gray on a different vision of what is real and what is possible

Vitamin D deficiency

Oliver Gillie argues that the Government and major cancer charity are failing the public

Positive Psychology for the planet

Chris Johnstone explores how a new science can help personal and planetary healing

New Global Festivals – Steve Nation

Toward a culture that values and protects trees

Books

What has Nature ever done for us?

The Dream of the Cosmos

The Man Who Plants Trees

Letting in the Wild Edges

The Cherishing

Mirrors of Light (CD)

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Briefings

Nama to Nature covers abandoned Irish land with trees

Cowdray Hall: Blood of the Amazon film and MBS Fair

GM soy's adverse effects on pig health

FSA considers raw milk

Vitamin K essential to control calcium

FSA considers raw link

Sarah Miles opens house as healing retreat

BUSS London conference; Artemis invitation

Embercombe 'journeys

Tribute: Michael Baigent

Cover: David Milarch next to the 3,000-year-old Waterfall Tree in the Giant Sequoia National Monument in California. See p.9. From: *The Man Who Plants Trees* – see Reviews

Contents, Issue 87, Winter 2013: £4.25

Tribute: Choje Akong Tulku Rinpoche

Founder of the first Buddhist monastery in the West, Samye Ling in Scotland

Qigong – way of life force enhancement

Kim Lovelace describes the development and modern use of this ancient energy form

Trees for LIFE!

Fred Hageneder, in the second of his 2-part article, focuses on the mythological and spiritual aspects of forests

Chronically exposed to pulsed microwaves – our children's daily reality

Alasdair Philips presents new evidence and types of RF radiation that threaten our children's health and fertility

Parent Essential Oils – understanding the *real* effects of fish oils

Prof Brian Peskin presents evidence that, contrary to received wisdom, fish oils can be harmful

Gift of Chinese herbal medicine

Dr Ming Cheng describes the evolution and current development of this very ancient system

Orbs and the alchemy of space

Christian Kyriacou draws on his 44 years' experience with 'geo-etheric structures' – or orbs

New Global Festivals – Steve Nation

The New that is emerging

Books

Fat Chance: The Hidden Truth about Sugar

Obesity and Disease

Chinese Medical Qigong

Meditation in the Wild

Journey in Shades

Awakening through the Veils

The Drugs Don't Work – plus Brief Reviews

Poetry: In Tune with the Spirit

Jay Ramsay presents the work of new contemporary poets

Briefings

Singing the Oceans Alive with the Royal Philharmonic Orchestra

Vitamin D London conference

FSA issues consultation document on raw milk

Weston Price conference at Sandown Park

Worldwide condemnation of Seralini retraction

Expanding Falun Gong still under threat

Statutory regulation for herbal medicine further delayed

Tribute: John Rogers

Cover: Orb expressing sacred heart geometry at Portugese monastery by Christian Kyriacou

Contents, Issue 88, Spring 2014: £4.25

Major London meditation gathering in July

Swami Paramananda will lead 'The Way to Peace and Happiness' event

Current weather 'chaos' – IPCC warming model fails again

Peter Taylor presents detailed evidence showing that cooling not warming is imminent

UV blood irradiation and ozone combat antibiotic resistance

Dr Robert Rowen describes the wide application of these powerful oxidative therapies

Countering the criminalisation of traditional foods

Julian Rose discusses his involvement in fighting the Polish Government's attempts at suppression

Spirit of Pan

Artists Tiana Marie and Gwyn Ardyth explore Pan through the ages expressed in religion, art, literature and music

Returning home – the healing power of Nature

Tim 'Mac' Macartney examines the growing use of ecotherapy to reconnect distressed people

Western herbal medicine

Dr Chris Etheridge outlines its development, benefits and its use of herbs

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Spirituality, History and the United Nations

Books

Deadly Medicines and Organised Crime

How big pharma has corrupted healthcare

FARMAGEDDON – The True Cost of Cheap Meat

Involution – an Odyssey

PEO Solution

To Call Myself Beloved

Pan's Daughter: The Magical World of Rosaleen Norton

19 Big Secrets about Astro Gems

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Join the Global Alliance for Seed Freedom

Say No to the TTIP

Satsang with Mukti

International Essence Awareness Month

Statins side-effects challenge overlooks missing data

Spiritual orbs calendar

Tribute: Emilio del Giudice

Cover: Pan by Tiana Marie, as seen in the Royal Horticultural Gardens, Wisley, Surrey

Contents, Issue 89, Summer 2014: £4.00

International Women's Day March 2014/15

Images celebrating this annual event

Path of the Quetzalcoatl - Sacred pilgrimage to Mexico

Steven Altman explores ancient Toltec sacred and therapeutic shamanic techniques

Gut-brain communication

Dr Irina Matveikova describes its wide-ranging effects on health, liver and cholesterol

Ayurveda – medicine tailored to you

Sebastian Pole explains the essential philosophy and approach to achieve better health

From Iona to Rosslyn – tracking down the Holy Grail

Claire Nahmad explores a sacred pilgrimage to understand the enigmas of this isle

Mary Magdalene – echoes of the Goddess

Jane May describes the tradition, myth and mystery about her in the heart of France

GMOs – Myths and Truths

Scientifically backed research to expose the real truth about GMOs

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The rise of the feminine

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Himalayan Sound Revelations

Grail Alchemy

Walking with White Eagle in Sacred Places

In Defence of Life

An Electronic Silent Spring

Monuments

The Alpha Wolf

Contact with the Gods from Space

Letters: *Current Weather Chaos – Tony Wardle; Peter Taylor*

Briefings

US doctor leads team to fight ebola with ozone; Medical Innovation Bill; new recipe for farming, wildlife, food and public health; GM Free Me – put your selfie on the map!;

China may allow Dalai Lama to return to Tibet; Acclaimed Tibetan doctor to visit UK;

Tribute: Ann Napier

Cover: Singing and dancing in Funafuti Atoll, Tuvalu, South Pacific. Photo: Rodney Dekker/Oxfam NZ.

Contents, Issue 90, Winter 2014: £4.00

Life after death study supports survival

Largest-ever study finds awareness continues after brain shuts down

Coconut oil benefits Alzheimer's sufferers

Bruce Fife examines studies of its beneficial properties involving medium chain fatty acids and ketones

101 references support positive effects of saturated fats and cholesterol

Dr Rajendra Sharma describes its wide-ranging effects on one's health, liver and cholesterol

Rosslyn Chapel – the Rose of the world

Claire Nahmad explores the Rose-line and the Chapel's relationship to the Holy Grail

The 'frozen music' within Rosslyn

Richard Merrick reveals the sacred meanings and musical knowledge concealed in its architecture

Revealing plant perception at Damanhur

Tigrilla Gardenia describes her research into plants' ability to create and communicate music

Ebola – how it started and how it might end

Dr Robert Verkerk asks 'What's really going on in West Africa' – and the first cure using ozone

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The Lost Gospel

Shungite: Protection, Healing and Detoxification

Stop Alzheimer's Now!

The Toltec Secret: Dreaming Practices of the Ancient Mexicans

In the Garden of Flames

Briefings

Saturated fats warnings 'should never have been issued'; Overuse of OTC drugs increases dementia risk; Images of Iona Tricker exhibition; TTIP – European objectors exceed 1.4m; French pass law on EMFs, WiFi and ES – a world first; CDC whistleblower exposes (another) MMR study fraud; Dreamers Path School of Nahualism

Cover: Tigrilla Gardenia, at Damanhur Spiritual EcoCommunity in Italy

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Magna Carta's 800th anniversary

Artifacts and celebrations of the 800th anniversary, 15 June 2015

Music's healing influence throughout history

Asher Kenton reveals its influence on Man's healing and spiritual progress

Tracking down the London Stone

Greg Branson, Robin Baldock and Tanya Dorrington investigates origins of the Stone and using psychic means to locate it

Vaccination – ?xml:namespace prefix = st1 ns = "urn:schemas-microsoft-com:office:smarttags" /Australia aims to compel the poor to accept it

Bronwyn Hancock outlines the issues and arguments in light of Australian Government plans

EM hazards – still resisted by national and international regulators

Alasdair Philips exposes the denial, deceit and manipulation of the UK, EU and international bodies

Searching for the Grail in Avalon

Mara Freeman explores the esoteric connections between Glastonbury and the Holy Grail story

Climate change – answering critics and exposing manipulation

Peter Taylor answers critics and reveals how IPCC data has been manipulated

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It's all about the soil

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Dissolving Illusions: Diseases, Vaccines and the Forgotten History; Altered Genes, Twisted Truth: How the Venture to Genetically Engineer Our Food has Subverted Science, Corrupted Government and Systematically Deceived the Public; The Big Fat Surprise: Why butter, cheese and meat belong in a healthy diet; Chemtrails, HAARP and the Full Spectrum Dominance of Planet Earth; The Holy City: The Coral Music of James D'Angelo

Briefings

NOAA study 'adjusts' climate change data; Statutory Regulation rejected for herbal Medicine; Prayers for World Peace with Swamiji; International Essence Awareness Week; WHO classifies glyphosate as 'probable human carcinogen' – Monsanto knew link to cancer 35 years ago; *Panorama's* biased GMO programme; US lowers water fluoride levels for first time in 50 years; Lyoness community and childrens' charities

Cover: Glastonbury Tor at sunset (Photo: Simant Bostock; www.simantbostock.com); inset: Frank Perry's spiral of bowls (Photo: Oliver Nares)

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The Holy Land – from conflict to harmony

Michael Kenton describes his experiences during a trip to Israel

Uncovering the authentic historical Jesus

Barry Page discusses the evidence that Jesus married, had children and survived his crucifixion

The Great Work – healing the world by collective meditation

Dr Roger Taylor discusses research showing that collective meditation can directly effect human behaviour

Rewards of a dreaming pilgrim

Lawrence Main describes his profound dreams sleeping in some of the UK's major megalithic sites

Transformation with *Silene Capensis* and the I Ching

Shenpen Chokyi reveals her deep experiences with African Dream Root and insights with the I Ching

Iodine deficiency epidemic underlies many modern illnesses

Dr David Brownstein explores the range of health problems caused and how to test your iodine status

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Stop the Thyroid Madness; Science for Sale; ReWild Yourself: Becoming Nature; Ecozoa; The Beauty; Poems of the Infinite and Eternal; Statins Toxic Side Effects; The Life of Paramahansa Yogananda (DVD)

Briefings

Monsanto to be tried for crimes against humanity; Self-Realization Fellowship 2015 World Convocation; We Don't Vaccinate documentary; Antibiotic use in agriculture linked to human resistance; Ecotherapy creates positivity in cancer patients

Cover: Young meditating monks in Thailand; inset: Paramahansa Yogananda

Contents, Issue 93, Spring 2016: £4.00

'9/11 Truthers' vindicated – US Government was complicit in a cover-up

More US officials reveal extent of high level protection of Saudis involved

Joseph of Arimathea – the human father of Jesus

Prof Hugh Montgomery presents evidence of the real power and status of Joseph of Arimathea

Fukushima – an ongoing disaster

Arnie Gundersen exposes the real levels of fallout and hazard

Protect yourself in our hot radioactive world

Dr Mark Sircus describes his use of iodine and hydrogen to protect those exposed

Ionising radiation – the genetic killer

Prof Chris Busby challenges the orthodox model of hazard and describes the coming London legal case

The Greenwich Meridian – Britain's secret axis of power

Paul Broadhurst explores the history and power of an axis considered to link Heaven and Earth

Ancient British shamanism

Elen Sentier follows the quicksilver pathways of Elen of the Ways, our ancient deer goddess

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Nuclear Roulette; Ouspensky's Fourth Way; Statins Toxic Side Effects; An Uncensored Life – Zerbanoo Gifford; Alternative Values – Poems and Paintings; Iodine – Bringing Back the Universal Medicine

Briefings

Commercial farming and fluoridation contaminated with radioactive polonium; Von Daniken UK visit; VAXXED film controversy; International Essence Awareness Week; Stephen Turoff moves to London; EU to endorse CETA, preparing for TTIP

Cover: The Greenwich Meridian (photo: Mythos); inset: The World-Tree

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Enlightenment conference online

Report on first online Enlightenment conference held in Germany

Oral infections – root cause of many chronic illnesses

Bruce Fife describes the basic link between the mouth's health and chronic illnesses

Oil pulling – cleansing the mouth to heal the body

Bruce Fife outlines the benefits of this ancient technique to clear bacteria from the oral cavity

Palm reading – ancient art validated by new science

Erin Rose explores new scientific evidence that confirms old interpretations

Is Francis Bacon the true author of Shakespeare's plays? (Part 1)

Peter Welsford and Claire Nahmad examine the growing evidence for the claim

Tribute: Mae-Wan Ho

Letter to the editor: Jesus and Joseph of Arimathea

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Global festivals in the post-Brexit world

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The Hidden Chapter: An Investigation into the Custodians of Lost Knowledge; Vaccination Policy and the UK Government: The Untold Truth; Oil Pulling Therapy – Detoxifying and Healing the Body through Oral Cleansing; Meeting Evil with Mercy: An Anglican priest's bold answer to atrocity; Sing Me The Creation; Incantation

Briefings

Nuclear text veterans hearing – a travesty of justice; New crop circles hint at revelations to come; B12 deficiency more recognised

Cover: Francis Bacon and William Shakespeare

